



*Dr. Annie Babb*

---

Dr. Annie has practiced general dentistry since 2011. She has always been interested in the whole-body connection and recently found her passion in **airway dentistry**. She is determined to help children and adults develop to their fullest potential by encouraging proper breathing, tongue position, and facial muscle function. When the tongue is in its proper position, the face develops forward and encourages the formation of nice wide airways. Her goal is to collaborate with Dr. Brenda and other healthcare providers to get our patient's the best results for not only their smiles, but for their current and future health as well!

As a lifelong resident of Northwest Indiana, Dr. Annie graduated from Andean High School in 2003 and went on to **Indiana University of Bloomington**, graduating magna cum laude in 2007. In 2011, she graduated from **Indiana University School of Dentistry** with her **doctorate in dental surgery**.

After graduation, she returned to northwest Indiana to practice as a general dentist with her dad, Dr. Sikora. Dr. Sikora retired in 2021 and Dr. Lisa Pinā-Awosika took over as the practice owner. During this transition period, Dr. Annie began taking countless hours of continuing education on **myofunctional therapy** and tethered oral tissues with some of the highest regarded doctors and professionals in this field including, Dr. Soroush Zaghi, Dr. Richard Baxter, and Sarah Hornsby.

In early 2021, she became an ambassador for **The Breathe Institute**, an institute focused on collaborative efforts and research in airway health. In 2021 she decided **to limit her practice to providing myofunctional therapy and** performing frenectomies and frenuloplasties. She is excited to bring this area of dentistry to Braces for All Ages!

In her free time, Dr. Annie enjoys spending time with her husband, Aaron, and their two young children, Gracie and Leo. She enjoys spending time outside, especially on Lake Michigan, and also traveling with family and friends.